

British Society of Gerontology (BSG) Scotland Symposium: **Keeping Fit in Later Life**

Date: Thursday 15 March 2012

Venue: Glasgow Caledonian University, 3rd floor seminar room,
Buchanan House, 58 Port Dundas Road. Glasgow G4 0HG

Programme



British Society of Gerontology (BSG) Scotland Symposium:
Keeping Fit in Later Life

Keynote speakers include:

Dr Fergal Grace is a Senior Lecturer at the University of the West of Scotland. He has been identified as one of the world's most productive authors in anabolic steroid research, and also publishes in a variety of physiology related topics ranging from cardio-respiratory function to nutritional supplementation.

Dr Ruth Jepson is Senior Scientific Advisor, Scottish Collaboration for Public Health Research and Policy (SCPHRP), MRC Human Genetics Unit, and Senior Research Fellow, Co-Director Centre for Public Health and Population Health.

Dawn Skelton is Professor in Ageing and Health at Glasgow Caledonian University. Dawn is the Scientific Advisor for the Society for Physical Activity, the Prevention of Osteoporosis, Falls and Fractures, and the British Heart Foundation National Centre for Physical Activity.

Dr Emmanuelle Tulle is Senior Lecturer in Sociology at Glasgow Caledonian University. Emmanuelle has over 10 years experience of conducting research on sport, physical activity and later life.

Programme

12-00 ... Arrival and lunch

12-25 Welcome, Louise McCabe

12-30 **Active Ageing - context, evidence and policy, Dawn Skelton**

13-00 ... **Presentation 2 (title to be confirmed), Fergal Grace**

13-30 **The evidence for physical activity and dementia, Ruth Jepson**

14-00 ... Tea break

14-20 ... Student presentations

14-50 ... **Presentation 4 (title to be confirmed), Emmanuelle Tulle**

15-20 Open session/round table discussion and opportunity to share news

16-00 ... Finish

REGISTRATION

To register for this conference please fill in the registration form below, detach and return as directed.

REGISTRATION FORM

PLEASE COMPLETE IN BLOCK CAPITALS

Full name (Dr/Mr/Mrs/Miss/Ms): _____

Postal address: _____

Postcode: _____

Tel no: _____

Job title: _____

Place of work: _____

Dietary requirement (specify): _____

Applicant signature: _____

Date: _____

Please return your completed registration form and cheque to:

Dr Jane Robertson
School of Applied Social Science
University of Stirling Stirling FK9 4LA

email: j.m.robertson@stir.ac.uk

Cost for attending will be £10 but free for unwaged and students