

Face-to-Face CPD for PSI's

Update, refresh and share ideas
with like minded professionals

Who is this course for?

Learning outcomes of this day are all in relation to the delivery of FaME and for any professional who has **already completed the PSI training course.**

Perfectly placed for newly trained PSIs, or those with many years of experience.

Themes and topics:

- ✓ **Impacts of COVID 19**, deconditioning and falls & research update
- ✓ **Reviewing the case for FaME and PSIs** - feel more confident to 'sell' your skills to commissioners, organisations and older people
- ✓ **Are you making most of Otago?** (be confident to explain the difference)
- ✓ **Tailoring & progression examples** (all FaME components)
- ✓ **Seated exercise alternatives** – and their place within FaME (or not!)
- ✓ **Missed opportunities to support physical literacy and motivation**
- ✓ **Getting to the floor** - practical analysis and how everyone can work towards the floor
- ✓ **Reflective practice** – how to know if what you are doing is the best it can be

Format and learning approaches:

- Tutor led demonstrations
- Group sharing of ideas.
- Short slide presentations and discussions.
- Resource design ideas – for posters, participant information and presentations to support you spread the word in your locality



Education Connect
Members pay only

£72 PLUS
VAT

NOT A MEMBER? APPLY FOR
THIS CPD DAY & QUALIFY
FOR 20% OFF MEMBERSHIP*

Tutor:
Bex Townley

Time:
10am - 4pm

TO VIEW OUR DATES AND TO BOOK, VISIT WWW.LATERLIFETRAINING.CO.UK/COURSE-DATE